

TAU LAGOMATAI KE HE TAU FAKAAKOAGA

Ko e tau magafaoa e lagomataiaga fakamua ke he tau fakaakoaga. Haia oti e tau mena kua lata tonu ki loto he puipuiaga fufua haau ke maeke ia koe ke moua e matutakiaga ke lagomataiaki e tau fanau, ha koe gagao COVID-19.

Mailoga lahi ke moua e mafanatia, fialia he haau a loto kaina moe iloa foki e koe e tau puhala ke moua e tau lagomatai ke lagomataiaki a koe.

Tutala mo e fanogonogo ke he taha mo e taha, ti mahani totonu moe fakamanavalahi -manatu nakai ko e faiaoga a koe,ti kaeke kua logona e uka moe nakai mama mitaki e tau fakaakoaga he tama, mitaki ke fano ke fakamaoki fakaku to liu ke lali foki.

Falu a tau puhala lagomatai

1. **Koe tau mamatua moe tau magafaoa nakai koe tau faiaoga** – ua lali ke fakatatai e tau aho kehe tau fakaakoaga moe tau hataki he tau magaaho ke gahua he tau fakaakoaga mahuiga.

- Tau fanau he tau aoga ikiiki lali ke fakagahua ke he tau fakaakoaga ke he 2 e tulā
- Tau fanau he tau vahā loto lali ke fakagahua ke he tau fakaakoaga ke he 3 e tulā
- Tau fanau he tau aoga tokoluga lali ke fakagahua ke he tau fakaakoaga ke 4 e tulā

Ua fakaoaga e magaaho nai ke pehe ko e magaaho ke taute tumau e tau mena aoga. Lali ke putoia foki e tama haau kehe tau fakaakoaga haana ne manako a ia ki ai. Muitua ke he tau fakaakoga ne fialia mo e malolō a ia ki ai.

2. Tutala moe tau fanau haau ti mailoga e tau mena mahuiga ke tumau e muitua ki ai tuga e holoholo tumau e tau lima moe nofo taha ki loto he puipuiaga fufua.
3. Taute e taha matutakiaga mo e haau a magafaoa fakaoaga e telefoni, puke fofoga pepa, skype , zoom – koe heigoa ni e puhala ne gahua mitaki ke lata mo koe moe tau tau moui he haau a tau fanau he kaina.
4. Fakatokatoka fakamitaki e tau fakaholoaga ke lata mae tau aho he faahi tapu. Lali ke muitua ke e tau fakatokatokaaga nai he haau a loto kaina, ke moua he tama e fialia, mahani fakalofa moe to haohao mitaki e tau mena oti. Nakai tatai oti e tau tagata, ti iga ni tagata moe haana a puhala ke paleko atu kaeke kua fai lekua kua fakalavelave he manamanatuaga.
5. **Tau gahua he tau aho takitaha ne maeke ke moua** ai e tau fakaakoaga.
 - a. Malolō lahi e puhala talanoa moe fetutalaaki (matutaki ke talanoa aulua ke he tau mena fakamagafaoa moe tau mena ne manako a koe moe haau a fanau ke iloa. Loga e tau lagomataiaga mai he tau faiaoga he tama haau, tau kupega hila he fakatufono, tuga e Faahi Fakaako, MPP, fakaholoaga leo taogo ha Talanoa Ako, tau fakaholoaga he puha pakafā tv, tau fofoga pepa ke moua e matutakiaga moe tau magafaoa, matua fekafekau moe loga atu foki.) Talanoa ke he tau mena kua iloa e tautolu moe koe heigoa ha tautolu ka taute, ha koe pulotu mo e iloilo maeke ke lagomatai e maamaaga he tama moe nakai logona e hogohogo manava kehe tau magaaho fakaako.

- b. Talanoa ka taute mena auloa – tuga he tau fanau ikiiki, fiafia lahi a lautolu kehe tau fakaakoaga tunu kai, tao kai, tau fekau he loto kaina, magaaho taumafa moe tau magaaho ka taute falu a tau gahua he loto kaina kua kehe.
 - c. Vagahau – Fakaaoga e vagahau motu haau he loto kaina tuga e Vagahau Niue, Vagahau Samoa, Vagahau Tonga
 - d. Moua e tama e aga fakaako kaeke ka onoono a lautolu moe utahetua kehe tau gahua he tau tagata ne taute.
6. **Tau fakaholoaga he tau aho takitaha moe falu a tau fakaakoaga kehe** he magaaho uka nai kua mahuiga lahi
- a. Ke lagomatai e tau fanau ke moua e puhala ke gahua mena tokotaha
 - Totou – Totou e tau pepa fakamotu poke tau pepa he tau kupega hila
 - Tohi hifo e tau hokotaki he tau mena taute – fakaaoga e pene moe pepa poke tau fakaholoaga he tau kupega hila
 - Ko e tau teti pea ne kau fakaaliali he tau pu fakamaama – tohi e tau tala hagaa ia ke he tau tei pea
 - b. Tuku kehe taha magaaho pauaki ke gahua auloa a koe moe tama haau he tau aho takitaha.
 - Tau magaaho fakafetuiaga ke liogi auloa, tau magaaho fetoko auloa, charades moe tau magaaho ka kai auloa.
 - c. Ke moua e magaaho ke fakamalolō e tau fakafetuiaga he magafaoa
 - Tumau ke matutaki he tau kupega hila moe tau telefoni,
 - Fakakite moe tutala ko e heigoa e tau mena tutupu moe tau mena taute he haau a puipuiaga fufua
 - d. Moua e magaaho ke tamata e tau fakafetuiaga
 - Taute e tohi ke tuku he puha meli he tagata he kalakala kaina haau, ha kua kitia e teti pea he pu fakaamaa haana poke kaeke kua nofo tokotaha a ia.
 - e. Fakafetui kehe tau tutala fulufulola moe ke fekī auloa moe taute e tau fakaholoaga ke fiafia auloa e puipuiaga fufua haau.
 - Taute taha mena ne nakai la taute ia e koe
- Mailoga: Nakai koe faiaoaga a koe ke fakahako tumau e koe tau kupu kua hepe he tau fakaakoaga he tau fanau ikiiki haau.
7. Mahuiga lahi ke **fakaaoga e tau kupega hila** ke matutaki ke he tau magafaoa, tau kapitiga mo lautolu he haau a lotu, maaga mo e tau faiaoaga.

- a. Mitaki lahi ke moua e magaaho ke taute e tau fakafetuiaga aulua – ti huhū atu kia lautolu koe malolō nakai, fakakite e mahani fakauka, mahani fakaalofa atu moe manamanatu fakamitaki kehe tau mena to tohi e koe ki luga he tau kupega hila.
 - b. Koe taha kamatamata moe lekua ne kua fa kitia, ti kua lata tonu ke fai fakakaupaaga ke puipui, ha koe lahi e mahuiga he tau kupega hila nai ke tumau e tau matutakiaga moe falu foki moe iloa e tau mena tutupu he magaaho nai.
8. **Tau puhala kupega hila he tau aoga.** Tuga e summer learning network kua gahua mitaki. Maeke ke fakaaoga e hala laupapa nai ke lagomataiaki e tau mahani kua lata mae moui he haau a tama.
9. **To putoia ai e tau faiaoga.** To ha ha i ai e magaaho ke iloa e mahani fakaalofa atu – tutala mo e haau a tau fanau haggao ia kehe tau kavega ne kua fua ai he tau faiaoga he magaaho nai kehe ha lautolu a puipuiaga fufua moe gahua fakaako foki. Mailoga e tau mahani he tau mamatua, ke aua ia neke fakatupetupe koa e tau faiaoga. Kaeke kua tupetupe a koe ke he tau fakaakoaga he haau a tama, matutaki atu moe tutala kehe faiaoga he haau a tama.
10. Iga ni e tau aoga moe ha lautolu a tau puhala ne kua fakatokatoka ke lata mae tau fakaakoaga he tau fanau he magaaho nai. To moua ai he tau fanau e tau ‘packs’ moe tau mataulu fakaakoaga he haana a fakapapahiaga malolōti maeke agataha ke gahua ki ai e tama he tau fakaakoaga nai he kaina.